



Richmond-Area Perinatal Care Resource Guide

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Richmond-Area Perinatal Care

In 2002, 12,207 babies were born in the metro Richmond area. Currently, in Virginia, Medicaid covers pregnant women who are legal U.S. residents living in households with annual incomes up to 133% of the Federal Poverty Level (effective 8/1/05, increase to 150% FPL). This is equivalent of a monthly income of \$2,145 and an annual income of \$25,736 for a family of four in 2005. Many of these babies were delivered to mothers whose household income may have been too high to receive Medicaid, but were unable to afford private health insurance and were therefore left with the heavy burden of paying their medical bills without aid.

According to the 2002 Virginia Department of Health (VDH) birth profile for metro Richmond:

- 893 births were categorized as self-pay
- 332 “self-pay moms” started prenatal care after the first trimester. Late prenatal care rates in the metro Richmond area are four times higher for uninsured women than for women with private health insurance.
- 120 babies delivered to “self-pay moms” were categorized as low-birth weight. This is twice the low-birth weight rate for babies delivered to privately insured moms.
- Self-pay births had a higher proportion of extreme pre-maturity or other complications compared to women with Medicaid or private health insurance.

There are affordable perinatal care resources for women living in metro Richmond, regardless of residency status.

Medicaid for Medically Indigent Pregnant Women

This federal and state sponsored program provides health insurance to pregnant women. Medicaid for Medically Indigent Pregnant Women covers eligible women of all ages* from the month that the application was submitted, or up to 3 months prior, through the end of their 60-day postpartum period. Retroactive coverage is dependant upon the pregnant woman's eligibility during those 3 months. Coverage includes primary, specialty and obstetric care; eligible women are enrolled through 6 weeks after delivery. Family planning *only* is covered for up to 24 months post-partum for women who received a pregnancy related service paid for by Medicaid.

Eligibility: Income-based; gross household income up-to 133% FPL.* If under the age of 21 and living with parents, the parent's income must also be counted along with the pregnant woman's, in order to determine Medicaid eligibility.

Requirements: Applicants must be US citizens or qualified aliens.* Proof of alien status will be required. The parent/legal guardian of a woman under 18 must apply for Medicaid on the child's behalf, unless she is a legally emancipated minor.

**Pregnant women under the age of 19 can be enrolled in either FAMIS Plus/FAMIS if they do not meet the requirements for Medicaid as a Pregnant Woman.*

**Please see page 8 for FPL guidelines*

**Note: newborn will be automatically enrolled in FAMIS/FAMIS Plus for 1 year after birth*

Emergency Medicaid

Federal and state sponsored program providing limited coverage under very special circumstances to eligible persons. Emergency Medicaid covers *hospitalization* related to *labor and delivery only*. In the case of REACH and its partner organizations, Emergency Medicaid is relevant for pregnant women, who are ineligible for Medicaid as a Medically Indigent Pregnant Woman because of their alien status.*

Eligibility: Income-based; gross household income up-to 133% FPL.*

Requirements: Applicants are not required be US citizens. Medical records noting delivery and related hospital services must be submitted with the application to DMAS for approval.

**Pregnant women who are undocumented and under the age of 19 must first apply for FAMIS Plus/FAMIS, and be denied, prior to applying for Emergency Medicaid for coverage.*

**Please see page 8 for FPL guidelines*

FAMIS MOMS (effective 8/1/05)

Federal and state sponsored program that provides health coverage to low-income, uninsured pregnant women. This program covers pregnant women who are not eligible for Medicaid as a Medically Indigent Pregnant Women solely due to excess income. However, the woman's countable income must be less than or equal to 150% FPL.*

Eligibility: Income-based; gross household income up-to 150% FPL.*

Requirements: Applicants must be uninsured residents of Virginia and either a US citizen or a qualified alien. Verification of pregnancy, including expected delivery date required.

**Please see page 8 for FPL guidelines*

Community-based Clinical Perinatal Resources

If a woman is not eligible for Medicaid for Medically Indigent (MI) Women and the family's income falls below 200% FPL, see attached list of low-cost prenatal care resources in metro Richmond.

**Please see pages 9-12*

Community-based Non-Clinical Perinatal Resources

•Berryman Baby Emergency Assistance in Richmond (Berryman BEAR): 646-7345

The Berryman BEAR seeks and distributes donations of emergency products for infants, young children under the age of three, and pregnant women who are experiencing a crisis. Products donated include formula, diapers, wipes, bottles, baby shampoo, baby blankets, baby clothing, and other necessities. Services are provided to women and children living in the Greater Richmond area. *By referral ONLY, please see page 13 for referral form. If you have questions, please contact Kimberly Nnamani at 646-7345 or email at nnamanik@ci.richmond.va.us*

•Children's Health Involving Parents (CHIP) of Richmond: 233-2850

CHIP brings education and support services to the homes of low-income families with children under the age of 6 who live in Richmond City or Henrico and Chesterfield

counties. Enrollment is voluntary; there is no fee for services. While improvement of child health is a primary goal of CHIP, the organization approaches this from a holistic perspective, believing that helping parents gain knowledge, skills and confidence in their performance as parents is essential to child success. CHIP focuses on improving the child's health through increasing primary care access, immunization rates, and access to prenatal care.

•**Crisis Pregnancy Center of Metro Richmond: 673-2020**

The Crisis Pregnancy Center provides confidential services for the pregnant woman including; a 24-hour Help Line, pregnancy tests, ultrasounds for pregnancy confirmation, discussion about options, and referrals for shelter, medical care, adoption counseling, housing, food, and financial aid.

5001 West Broad Street Suite 217, Richmond, VA 23230-3024

Hours: Monday 10-4, Tuesday 1-7, Wednesday 10-4, Thursday 3-7, Friday 10-1

•**Department of Medical Assistance Services-**

**BabyCare Program: Ashley Barton 371-7824 or
Cathy Bodkin, Virginia Department of Health: 864-7768**

BabyCare provides pregnant women, who are enrolled in Medicaid for Women, with the support and services they need through intensive case management and coordination of care. Services may include transportation, prenatal care, nutritional counseling, substance abuse treatment, smoking cessation classes, child development education, and distribution of medication. The program aims to improve birth outcomes by ensuring pregnant women and infants receive all the services they need.

•**Healthy Families Richmond: 646-4508**

Through home visitations, Healthy Families Richmond helps provide families living in the Richmond East End with the education and support they need during pregnancy.

•**REACH: 827-3224**

REACH provides a monthly listing of Richmond area safety net providers. REACH also assists clients in applying for state funded health insurance programs, including Medicaid for Women and FAMIS/FAMIS Plus.

•**Richmond Behavioral Health Authority (RBHA):**

Women's Substance Abuse Services: 819-4000

RBHA provides intensive outpatient services to pregnant and postpartum women battling addiction. Services are provided directly by staff of the Authority and through contracts with private providers in the community. RBHA will provide behavioral health services to all Richmond residents regardless of age, race, religion, disabilities, or national origin.

•**Richmond City Department of Public Health:**

Resource Mothers Program: 646-3112

Resource Mothers are lay community health workers who mentor pregnant teens through this difficult time in their lives and help them make the transition to parenthood. They are effective in decreasing infant deaths and disabilities and improving the health of pregnant teens and their infants through intensive home visiting.

Virginia Healthy Start Initiative: 864-7764

Virginia Healthy Start Initiative (VHSI) provides services aimed to help reduce infant mortality in urban and rural areas suffering from racial and ethnic disparities in pregnancy outcomes.

•**The Elizabeth Project:**

The Elizabeth Project is a unique mentoring program designed for pregnant women ages 10-19, who plan to parent their children and who would like the advice and support of other women who have parented children themselves. The project meets weekly to learn and discuss important issues including prenatal care, nutrition, substance abuse, childbirth, and parenting with an emphasis on responsible decision-making and building self-esteem. *By referral ONLY. Please call Rita Bonner at 737-5749 for referrals. For more information, please call Reverend Judy Bennett at 358-8306.*

•**Women, Infant and Children (WIC)**

WIC Eligibility

Applicants must qualify for WIC *financially and nutritionally.*

To be eligible for WIC, a **woman** must:

- ✓ Be pregnant, breastfeeding, just had a baby **or** have a child under 5
- ✓ **And** be a resident of Virginia*
- ✓ **And** her income must be within the specified guidelines
- ✓ **And** she must have a nutritional need (This is determined by the local WIC clinic)

To be eligible for WIC, a **child** must:

- ✓ Be 1-5 years old

To be eligible for WIC, an **infant** must:

- ✓ Be under one year old (birth to 11 months)

What should a client bring to a WIC appointment?

The required documents for WIC are as follows:

- ✓ Picture ID
- ✓ Proof of income for the entire household (e.g., check stubs, Medicaid card, Food Stamp statement, military leave and earnings statement, AFDC check stub, TANF letter of eligibility, free or reduced school lunch letter of eligibility)
- ✓ Proof of Virginia residency
- ✓ Verification of birth for newborns; proof of pregnancy from a doctor for woman
- ✓ Shot records for children under 4 years old
- ✓ Documentation of child's hemoglobin, height, and weight from a doctor dated within 60 days
- ✓ WIC folder (recertification only)

* *Individual does not have to be a US Citizen to be eligible, but must live in Virginia*

WIC Distribution Centers

RICHMOND CITY*		
4100 Hull Street Rd. @ Southside Plaza	646-8923	Monday – Friday 8:15 am – 4:30 pm
501 N. 10 th St.	646-6847	Monday – Friday 8 am - 4:30 pm
719 N. 25 th St. @ Vernon J Harris Health Center	646-0775	Monday – Friday 8:30 am – 5 pm
436 Calhoun St. @ Calhoun Center	646-5566	Tuesday & Thursday only 8 am – 5 pm
HENRICO COUNTY		
3810 East Nine Mile Rd.	652-3180	Monday – Friday 8 am – 4:30 pm
8600 Dixon Powers Dr.	501-4652	Monday – Friday 8 am - 4:30 pm
CHESTERFIELD COUNTY		
9501 Lucy Corr Dr.	748-1748	Monday – Friday 8 am – 5 pm Thursday evening by appointment

** Call any City of Richmond WIC number to get an appointment at any City of Richmond WIC site.*

On-line Perinatal Resources

- <http://www.dmas.virginia.gov>

This site provides information about state funded health insurance programs for children and families. The information includes requirements for the individual programs, services covered by the programs, and ways to apply.

- <http://www.dss.state.va.us/benefit/medicaid.html>

This site provides a brief overview of Medicaid and helps the user to determine the programs for which he or she may be eligible for. It also provides phone numbers and addresses of services and organizations assisting with the application process.

FAMIS/ FAMIS Plus



These federal and state sponsored children's health insurance programs are available to children under 19 years of age. Once children are approved, they obtain full health coverage (e.g., primary care, specialty care, oral health, behavioral health and hospitalization), and are often placed into an HMO to manage their benefits. Families do not pay a premium to participate, but may be charged a co-pay for health services. More information for providers and consumers can be found online at www.famis.org

Eligibility: Income-based; gross household income up-to 133% Federal Poverty Level for FAMIS Plus and 200% FPL for FAMIS.* Must be a resident of Virginia and either a US citizen or a qualified alien.

Requirements: Children must be US citizens or qualified aliens. Proof of alien status required. Parents do not have to be US citizens for the child to be eligible.

To apply for FAMIS Plus/FAMIS & FAMIS MOMS:

- By phone: the FAMIS Central Processing Unit (CPU) 866/87FAMIS (866/873-2647)
- Call your local Department of Social Services:
 - Chesterfield County: 804/748-1100
 - Hanover County: 804/752-4100 or 804/365-4100
 - Henrico County: 804/501-4001 (West End) or 804/652-3123 (East End)
 - Richmond City: 804/646-7212 & 804/646-7433 (East Marshall Street) or 804/646-8800 (Southside Plaza)
- Call REACH: 804/827-3224 with questions or for additional assistance
- Call Bon Secours Care-A-Van: 804/545-1938
- Call Richmond's CHILDREN: 804/644-4496
- On-line: www.FAMIS.org

**See attached FPL Guidelines.*

**Note: when applying for FAMIS, please ask about FAMIS Select*

**Note: patient will be required to pay a co-pay for some services*

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Federal Poverty Level Guidelines

Family Size	FAMIS Plus & Medicaid for Pregnant Women 133% FPL		FAMIS MOMS 150% FPL		FAMIS 200% FPL	
	Monthly	Yearly	Monthly	Yearly	Monthly	Yearly
1	\$1,061	\$12,729	\$1,197	\$14,355	\$1,595	\$19,140
2	\$1,422	\$17,064	\$1,604	\$19,245	\$2,139	\$25,660
3	\$1,784	\$21,400	\$2,012	\$24,135	\$2,682	\$32,180
4	\$2,145	\$25,736	\$2,419	\$29,025	\$3,225	\$38,700
5	\$2,506	\$30,072	\$2,827	\$33,915	\$3,769	\$45,220
6	\$2,868	\$34,408	\$3,234	\$38,805	\$4,321	\$51,740
7	\$3,229	\$38,743	\$3,642	\$43,695	\$4,855	\$58,260
8	\$3,590	\$43,079	\$4,049	\$48,585	\$5,399	\$64,780

**Note: Effective 2/05-2/06*

**Data source: www.dmas.virginia.gov*

Community-based Clinical Perinatal Resources

Name of Organization	Prenatal & Perinatal Care
Chesterfield Health Department	x
Cross Over Ministry - <i>Nancy Gilliam Memorial Clinic</i>	x
Hanover Health Department	x
Hayes E. Willis Health Center	x
Henrico Health Department - <i>West End Clinic</i>	x
Henrico Health Department - <i>East End Clinic</i>	x
Richmond Medical Center for Women	x
Richmond City Health Department	x
VCU Medical Center - <i>Nelson Clinic</i>	x
VCU Medical Center - <i>Stony Point</i>	x
Virginia League for Planned Parenthood	Beginning 8/05

**For information about additional services provided by these health centers and other Richmond area providers, please refer to the REACH monthly availability listing.*

Provider	Taking New Patients	Wait for New Patient Appts.	Description
Chesterfield Health Department 9501 Lucy Corr Circle Chesterfield, VA 23832 748-1691	Yes	1-2 weeks	Services: Prenatal Care Dates/Times: Monday-Friday 8am-5pm Cost: Sliding scale fee. Requirements: Must be a resident of Chesterfield. Proof of residency, identity, and income required. Note: By appointment only. Call for more information: 751-4350.
Cross Over Ministry <i>Nancy Gilliam Memorial Clinic</i> 3511 Broad Rock Boulevard Richmond, VA 23234 271-9170	Yes	By appointment	Services: Prenatal Care Dates/Times: Wednesdays & Fridays 8:30am-12pm Cost: Donations are welcome. Requirements: Photo ID and proof of household income are required.
Hanover Health Department 12312 Washington Highway Ashland, VA 23005 365-4326	Yes	1-2 Weeks	Services: Prenatal Care Dates/Times: Monday-Friday 8am-5pm Cost: Sliding scale fee. Requirements: Proof of income required. Note: Teens age 17 and under will receive free service. Some insurances are accepted. Other Services: Preconceptual Health Conseling, Family Planning with a Birth Control Method, Women's Health with referrals as needed, Adolescent/Teen Health with counseling, and Prevention Counseling
Hayes E. Willis Health Center 4730 North Southside Plaza Richmond, VA 23224 230-7777	Yes	4-6 Weeks	Services: Prenatal Care Dates/Times: Monday-Friday 8am-5pm Cost: Sliding scale fee. Requirements: Proof of income and identification required. Other Services: Pediatric and Women's Health Note: Call before visit for financial screening.

<i>Provider</i>	<i>Taking New Patients</i>	<i>Wait for New Patient Appts.</i>	<i>Description</i>
Henrico Health Department <i>West End Clinic</i> 8600 Dixon Powers Drive Richmond, VA 23273 501-4651	Yes	1 Month	Services: Prenatal Care Dates/Times: Wednesdays 12:30pm Cost: Sliding scale fee. Requirements: Proof of income required. Note: New patient intake Thursdays at 8am. By appointment only.
<i>East End Clinic</i> 3810 Nine Mile Road Richmond, VA 23223 652-3190	Yes	1 Month	Services: Prenatal Care Dates/Times: Tuesdays at 12:30pm. Cost: Sliding scale fee. Requirements: Proof of income required. Note: New patient intake Tuesdays at 8am. By appointment only.
Richmond City Health Department 500 N. 10th Street, Room 109 Richmond, VA 23219 646-6850	Yes	Walk-in	Services: Prenatal Care Dates/Times: Tuesday 8:30am-11am; Tuesday & Wednesday 1pm-3pm Cost: Sliding scale fee. Requirements: Please bring picture ID, proof of income, Medicaid/Medicare card, or health insurance information. Note: No Maternity/Prenatal Clinic 4th Tuesday of each month.
			Services: Perinatal Care Dates/Times: Thursday 8:30am-11am & Friday 1pm-3pm (Adults); Thursday 12:30pm-5pm (Adolescents) Cost: Sliding scale fee. Requirements: Please bring picture ID, proof of income, Medicaid/Medicare card, or health insurance information. Note: Family Planning Clinics
Richmond Medical Center for Women 118 N. Boulevard Richmond, VA 23220 359-5066	Yes	By appointment	Services: Prenatal Care Dates/Times: Monday 9am-12pm Cost: \$100 for first appointment, \$20 for additional visits, additional charges apply for laboratory procedures.

<i>Provider</i>	<i>Taking New Patients</i>	<i>Wait for New Patient Appts.</i>	<i>Description</i>
VCU Medical Center - Nelson Clinic 401 N. 11th Street 828-4409	Yes	Varies upon condition	Services: Perinatal Care Dates/Times: Monday-Friday 8am-4:30pm Cost: If uninsured financial screening required, may be asked for deposit. Requirements: Proof of income required.
VCU Medical Center - Stony Point 9000 Stony Point Parkway Richmond, VA 23235 560-8950	Yes	8 weeks	Services: Perinatal Care Dates/Times: Monday-Friday 8am-5pm Cost: Charges vary. Contact office. Requirements: Proof of income required.
Virginia League for Planned Parenthood 3415 Floyd Avenue Richmond, VA 23221 254-1760	Yes	1-2 days	Services: Perinatal Care Dates/Times: Monday-Wednesday 9am-7:30pm; Thursday 8am-3pm; Friday 8am-2:30pm; and some Saturdays 9am-12:30pm Cost: Charges vary, contact office. Other Services: Gynecological Exams, Birth Control, Emergency Contraception, Free Pregnancy Testing, and Counseling Note: Full scope of prenatal care services effective August 2005.

*The Berryman B.E.A.R. (Baby Emergency Assistance in Richmond)
Referral for Assistance*

Date Referred: _____

Client Name: _____

Client Address: _____

Referring Agency: _____

Household Members:

<i>Name</i>	<i>Birthdate</i>	<i>Race</i>	<i>Education</i>	<i>Language</i>

Total Household Income: _____ *Source of Income:* _____

Please indicate yes or no:

Disabled: _____ *Receiving TANF:* _____

Receiving Food Stamps: _____ *Receiving WIC:* _____

Receiving Medicaid: _____ *Subsidized Housing:* _____

If requesting formula, has the client applied for WIC: _____

If no, please state why: _____

Has client received prenatal care: _____ *Completed a parenting course:* _____

Please indicate need: _____

Internal use:

Date Served: _____ *Items provided:* _____

Information packet given: _____ *Family served from Emergency Supplies Program* _____

Parent Course Layette Program _____ *Cozy Blessing Blankets:* _____

Referred to WIC: _____ *Completed Medicaid Application:* _____ *Mentoring discussed:* _____